

CERTIFICATE

OF PARTICIPATION

This is to certify that

Adolph Landman

Has successfully participated & completed the

2.5km Four Seasons @ the Cowhouse - Summer

held at Cowhouse Market.

TIME 00:32:24

PACE 10:48/km

OVERALL 30 of 34

GENDER 13 of 14

70 - 79 1 of 1

26 January 2019, Sat

Date



BoutTime

Signature